

Line Dance Terminology

* The Essential 10 Steps of Line Dancing

Term	Definition	Introduced in Dance	
Balance (left)	Step left to side, cross/rock right behind left, recover to left. Waltz step.	Bicycle Waltz	
Chassé	(See Shuffle step.)		
*Coaster	Step back, step together, step forward. Usually 3 steps on two beats of music, counted "1 & 2."	Cheek to Cheek DHSS	
Dwight Yoakams (Modified)	Toe, heel to left (or right) foot instep followed by a cross over left (or right)"	Suds in the Bucket	

*Grapevine	A 3-count traveling move performed side to side with the second step crossing in back. A grapevine is often finished with a 4th count that is a touch, brush, kick, or similar step. Also referred to as a vine.	A-B Ticket Electric Slide	
Hip Bump	An emphasized hip movement in any given direction.	A-B Ticket	
Hitch	Lift foot off the ground, bending slightly at the knee.	Ten-Step	
Hold	Counting off a designated number of beats before taking another step.	JB Waltz	

<p>*Jazz (Rhumba) Box</p>	<p>Four-count move with four weight changes. Step in at least three corners of an imaginary box on the floor. A turning Jazz Box begins with a cross over step.</p>	<p>DHSS Come Dance with Me Cheek to Cheek</p>	
<p>*Kick Ball Change</p>	<p>Kick forward with one leg, then place weight on the ball of the foot of that same leg and change weight immediately to the other foot. It takes two counts of music for the three steps; usually performed to "1 & 2."</p>	<p>Got the Time?</p>	

Left Turn ¼	Step the right foot forward then turn left 90° facing side wall and step on the left foot.	Stroll Along Cha Cha	
Lindy	Triple step, rock recover	Drinking Champagne	
*Lock Step	Step right foot forward, step left foot behind right foot, step right foot forward. Step may be performed backwards.	Come Dance with Me Cheek to Cheek	
Mambo (forward)	Rock forward on right, recover on left, step back on right, 1 & 2.	Wave on Wave	
Monterey Turn Right	Touch right to side, turn ½ right and step right together, touch left to side, step left together. Done on 4 counts.	Jose Cuervo	

Paddle	Step right forward, make 1/4 turn left (weight on left). Step right forward again, make 1/4 turn left (weight on left).	Alley Cat	
Point	Stretch the foot of the free leg toward the side, forward, or backward. Non-weight bearing.	JB Waltz	
Right Turn ½	Step the left foot forward then turn 180° facing back wall and step on the right foot.	Homeward Bound Little Foxtrot	
*Rock, Recover	Rock right to side, recover to left, shifting weight from foot to foot. Can be done as a forward rock recover or a back rock recover.	Alley Cat Stroll Along Cha Cha	

Rocking Chair	Rock right forward, recover to left, shifting weight from foot to foot. Rock right back, recover to left, shifting weight from foot to foot.	Homeward Bound Alley Cat	
Sailor Shuffle	A shuffle with the first step crossed behind instead of to the side. A version of the basic shuffle step.	Charleston Got the Time?	
*Scissors	Step right foot to the side, step left foot next to right, cross right in front of left. May be done as a "1 & 2."	Come Dance with Me, Little Foxtrot	
Scuff	A sweeping movement of the heel of the foot against the floor.	Electric Slide	

*Shuffle (triple step, chassé, cha cha cha)	Three steps performed forward, backward, or to the side to two beats of music, usually counted "1 & 2."	Ten-Step Got the Time Drinking Champagne	
Stomp	Hit the floor with the whole foot.	A-B Ticket	
Strut (heel)	A 2-count walk performed by stepping on the heel, then the entire foot of the same leg.	A-B Ticket	
Touch or tap	The toe of the free foot taps or touches the floor without a weight change.	A-B Ticket Electric Slide Alley Cat	
Triple	(See Shuffle step.)		
*Twinkle (left)	Cross left over right, step right to side, rock back onto left. Waltz step.	JB Waltz	

Vaudeville	A four-count step done to two beats of music—1&2&: Cross left over right, step right diagonally back, touch left heel forward, step left together	They Walk the Line	
Walk	Two or more steps forward, backward, or to the side.	A-B Ticket Electric Slide	
1 or 2 or 4-Wall Dance	Dance starts and restarts on 1 wall or 2 walls or 4 walls	(See dance description header in step sheets.)	
Waltz (basic) (forward)	Step left forward, step on right next to left, rock onto left. First step is long, other two are short.	JB Waltz	
*Weave	Cross left over right. Step right to right side. Cross left behind right. Step right to right side		